Third Trimester Quiz!!!!!!!!!!!!!!

1. What is the On-Call Midwife phone Number?
   _________________________________

2. When do you call the midwives if your water breaks?
   _________________________________

3. What door do you enter upon arriving to the birth center?
   _________________________________

4. The midwives are at the birth center 24/7
   True         False

5. What contraction pattern indicates you should come to the birth center?
   a. 9-1-1  
   b. 1-8-7  
   c. 3-1-1  
   d. 6-1-1  
   e. 4-2-0  
   f. 3-0-3

6. How do you get a birth certificate?
   a. Order online 
   b. It is automatically mailed to you 
   c. Pick it up 
   d. The Stork brings it with baby

7. The nurse will install your carseat before you leave the birth center
   True         False

8. You are 36.6 weeks pregnant, and your contractions are becoming really intense, what do you do?
   _________________________________

9. What do you do if you are in the car on the way to the birth center and you feel the urge to push?
   a. Pull over  
   b. Drive faster  
   c. Call 9-1-1  
   d. Call the midwife  
   e. Take a deep breath  
   f. Get a philly cheese steak while you wait

10. If you transfer to the hospital you cannot have a doula.
    True         False

11. When do you come back to MMC for postpartum care?
    a. 2 days  
    b. 10 days  
    c. 18 days  
    d. When you feel appropriate

12. Your baby can only receive Vitamin K as a shot.
    True         False

13. What items should you bring to the birth center?
    a. Bathing suit  
    b. Baby socks  
    c. A ferret  
    d. Your favorite pillow  
    e. Birthday cake  
    f. Uncle Eddie

14. What is meconium?